Miraculous Microgreens Salad with Lemony Tahini Pressing



NUTRITION INFORMATION:

SERVES: 6

SALAD CALORIES: 50

WW POINTS: 1SP

DRESSING CALORIES: 47

WW POINTS: 2SP

SALAD INGREDIENTS:

l cup pea microgreens
l cup broccoli microgreens
l cup sunflower microgreens
l cup radish microgreens
l avocado, cut into bite sized pieces
½ cup cherry tomatoes, halved
½ cup cucumber slices
½ cup shredded carrots

SALAD DIRECTIONS:

In a large salad serving bowl, toss all salad ingredients (listed above) until well mixed and colorful.

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SALAD DRESSING INGREDIENTS:

2 tbsp tahini
2 tbsp water
3 tbsp lemon juice
1 tbsp olive oil
1/2 tsp garlic powder
1/2 tsp onion powder
1/2 tsp salt
1/4 tsp black pepper

SALAD DRESSING DIRECTIONS:

Place the tahini in a medium size mixing bowl. Whisk in the rest of the ingredients until you get your desired consistency. Store in an airtight container in the fridge for up to one week.

EAT & ENJOY

